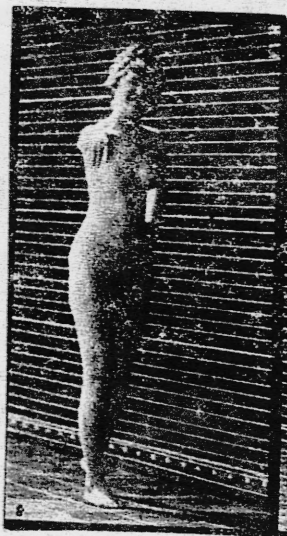


1
torso forward
don't let legs feet
too high - 1 -



rt forearm more
parallel.



3.
hand on hip



don't let elbows
stick out - let arms
align to

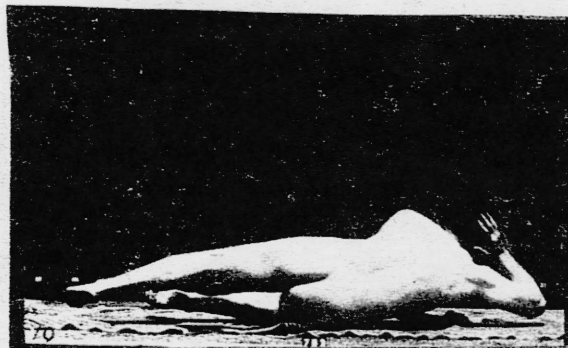


5.

10 COUNTS EACH POSE. WHATEVER YOU HAVE TO DO TO DO THEM IS OK. SIMPLE + DIRECT.
ASSUME EACH WHOLE POSE AT ONCE IF POSSIBLE. TRY AND PAY ATTENTION TO DETAILS IN-
CLUDING FACIAL EXPRESSIONS. IGNORE THE FEW PROPS THAT APPEAR. HAVE A GOOD
TIME. LOVE.



6.



7.



8.



9.



10.

round back more
R arm / hand

just
still pay attention



11.

watch L arm back



12.



13.

R hand-



14

foot at knee
thigh flexed



15.



16.



17.

hold something

sharp
elbow

L arm slope
down from shoulder



18.

watch L. arm
curve back

1st.
watch wrist again
continue till
arms



19.
higher than 7



20.

torso more
forward.



21.

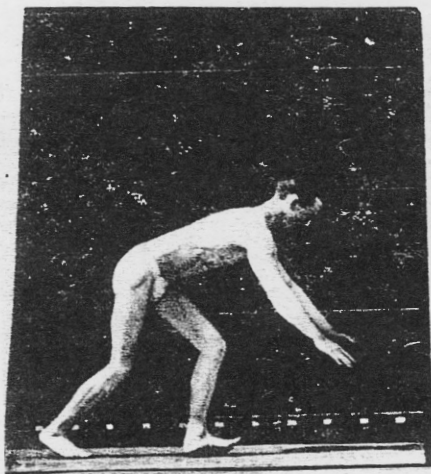
1st



22.

L elbow visible
~~gaze~~ gaze

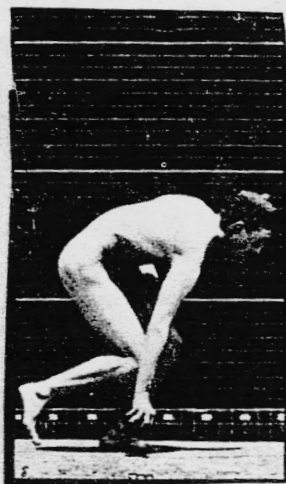
lifted foot clear
of supp. free



23.



24.
head tilt slight
Knee separate
see elbow
R arm long



25.

R arm
not sk down



26.

L forearm
high arm
more back



27.

face vs.



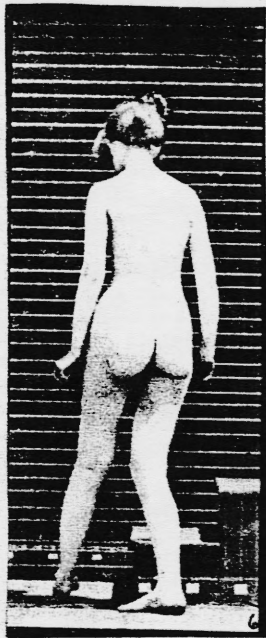
28.

L arm more
relaxed than
17



29.

angle of hands
to the r. near
mouth



30.

angle of L. wrist
the on R. leg



31.

both knees slack
wrist dropped
feet DR



32.

feet close
knees apart



33.

back rounded
lower than to
R arm/hands

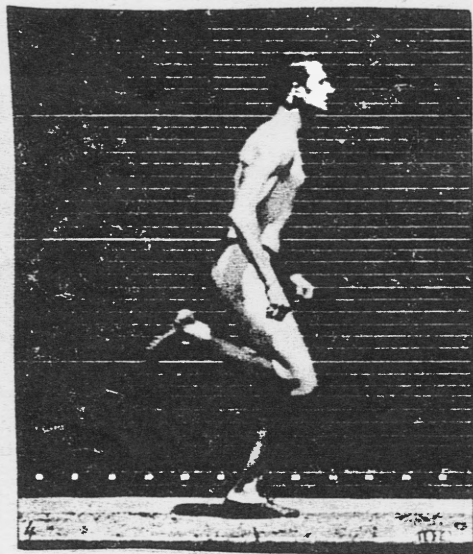


34.

ARMW



35.



36.
L hand visible
knees close
lower
unarm
24

heel close to
ground

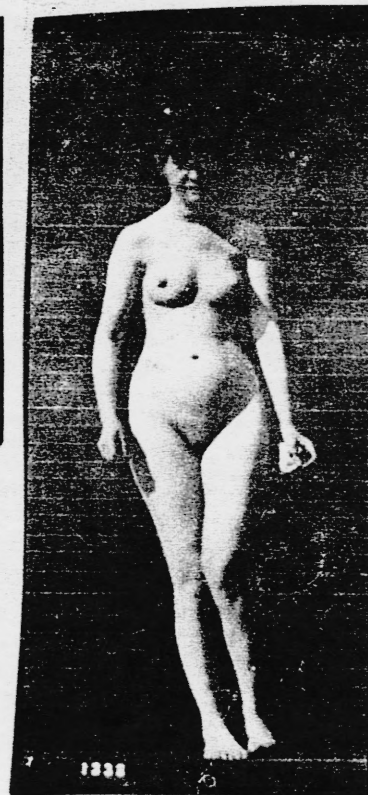
hips up
arms lay



37.
watch
height
of
arms.



38.
hand up
something
head tilted
L



39.
L wrist

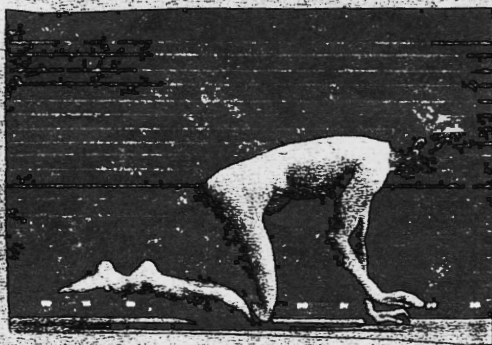


40.



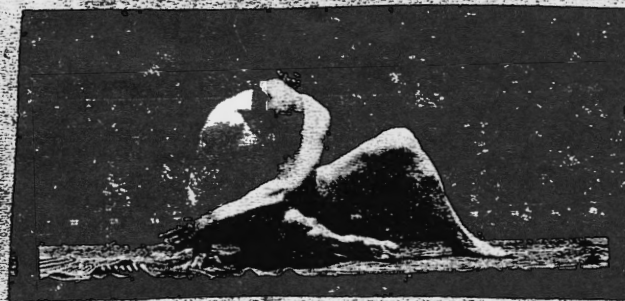
41.

back rounded
contour
R arm



42.

L knee is further
back than R. knee



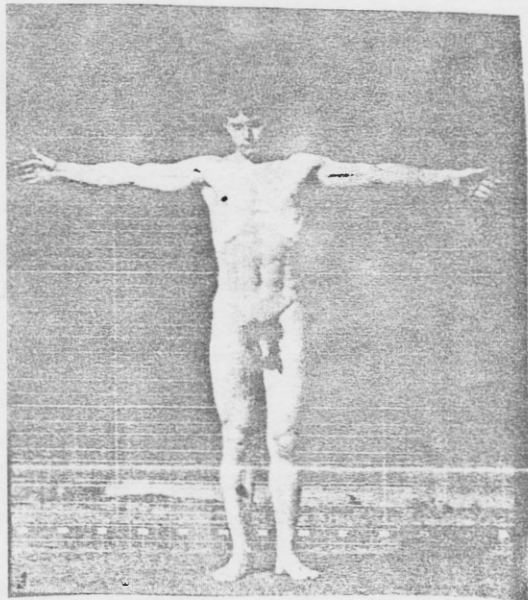
43.

wide posn. much tighter

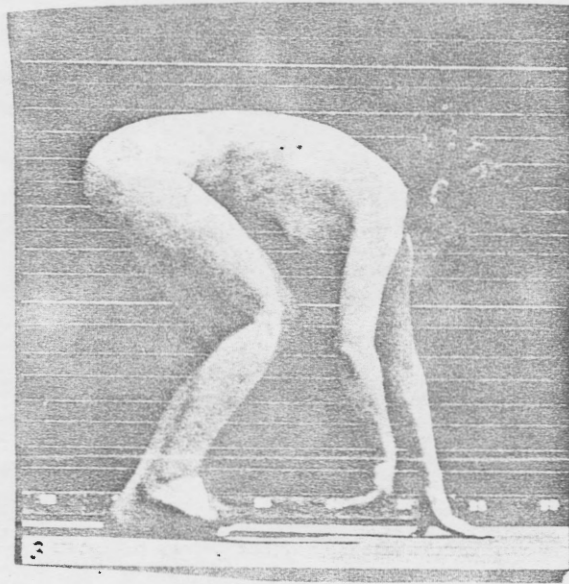


44.

R. foot close to L. leg.
R. forearm wide.
L. arm wide.



45



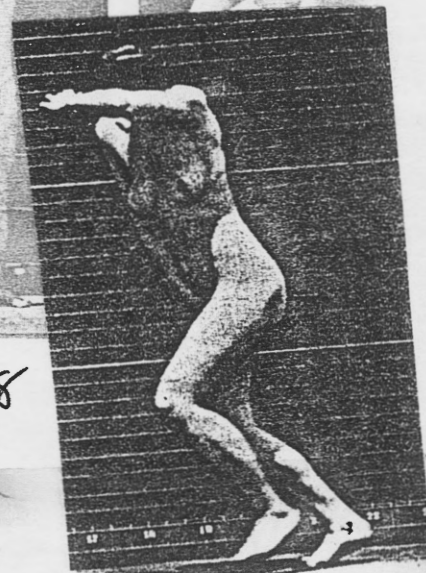
46



47



48



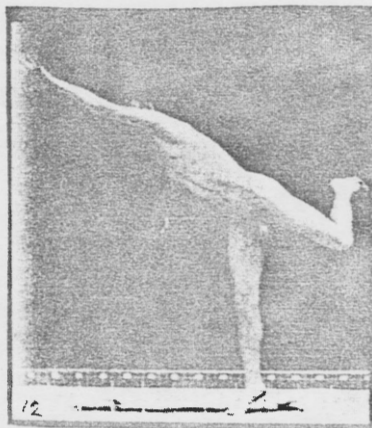
with the break a
mic of arm/hand-



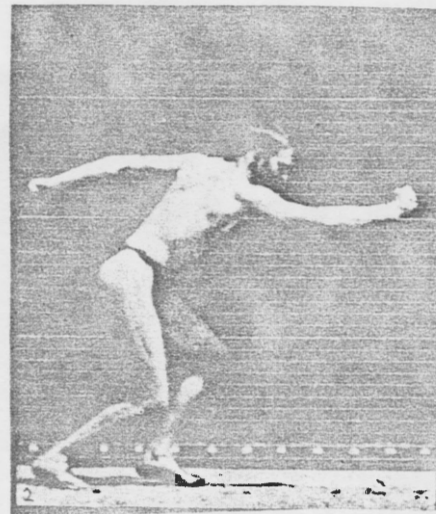
50
coiled mks?
Klinton in upper
back + shoulders
thrust.



51
drench bottom
water



52
what is
Ran-
for mks.



53
Ran-
head down

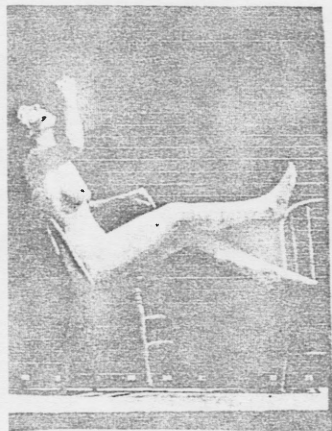


54



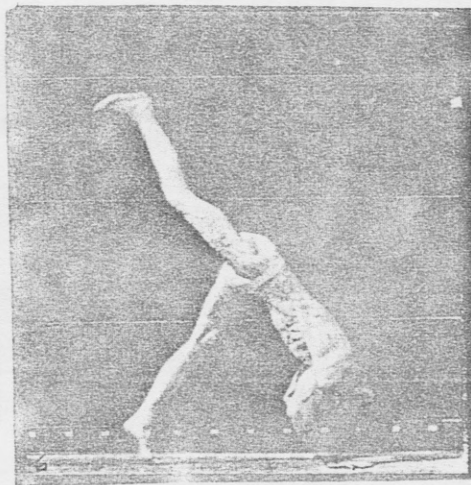
55

3



back
str.
watch L arm

56

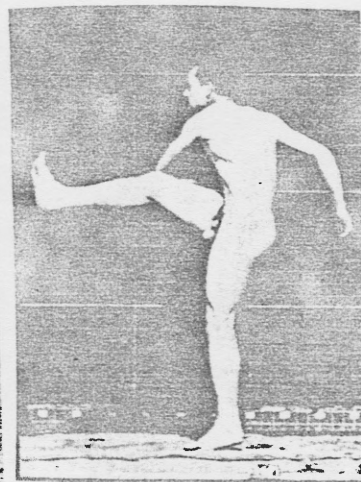


57



58

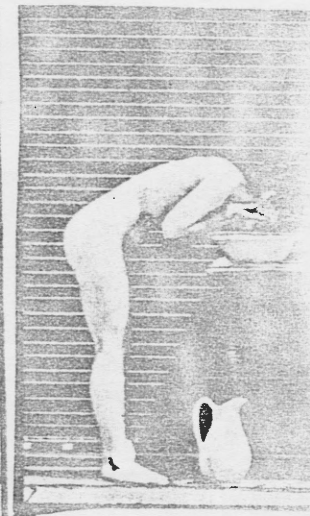
R/back arm
higher than
shoulder



59.



60



61

adjust
pace



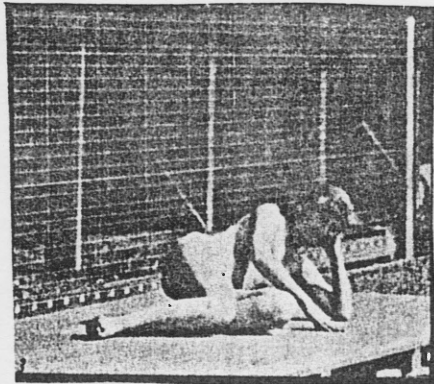
62

Low
nible

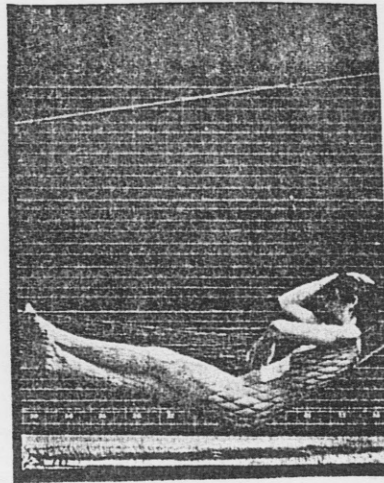


63

L. hand
supports up



64



65



66



67

step us here
feet a little apart
" " out.

worked as in studio 4 at ART (write piece but address 1083).
2.



68



69

elbow sharp
R arm - wrist
high



70



71



72



73



74



75



76



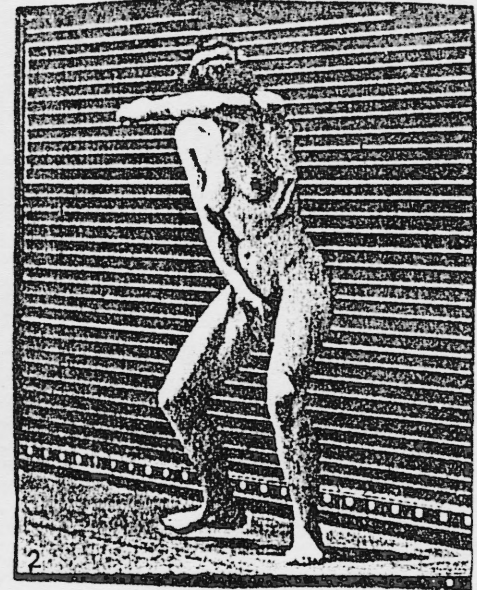
(77)
sideways-
hold large
object.
drop R. elbow



78
head tilt



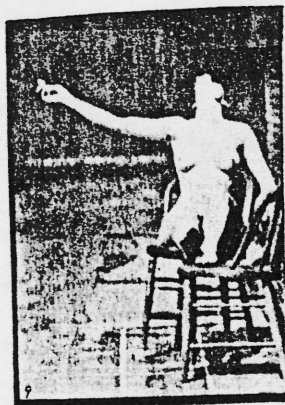
79
hand above
shoulder



80
wider stance



81
pumpkin



82
L. free up
R arm out.



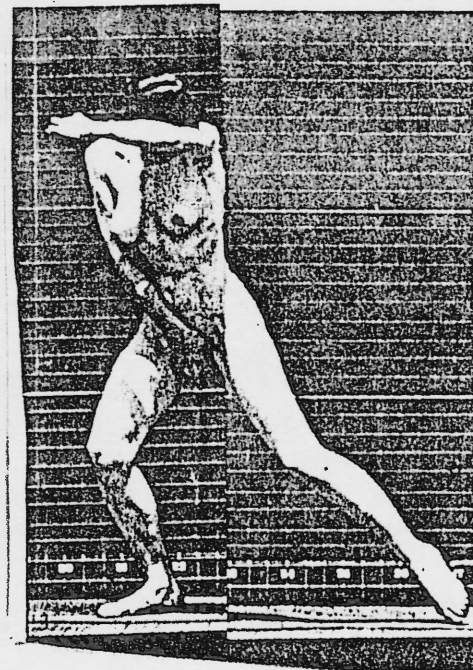
83
chin } doe
hands }
knees } doe
feet }



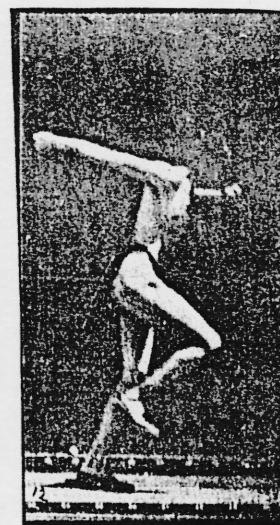
84
b. upright
focus L to hands -
R foot behind L



85
feet
planted -



86

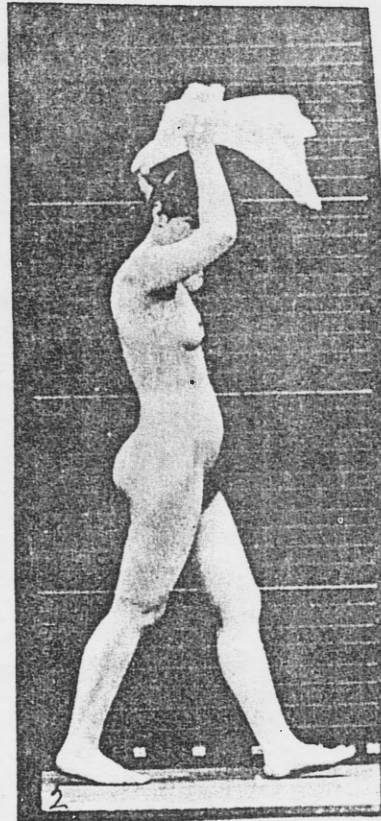


87
/ focus



88

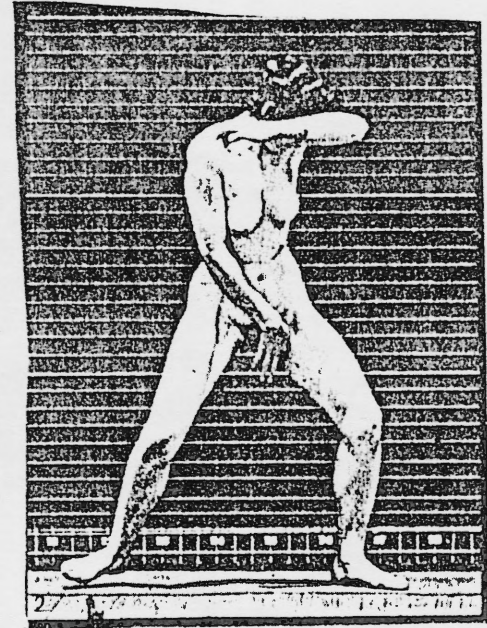
R elbow down.
L arm relatively
horizontal.



89



90
L palm up.



91

head L



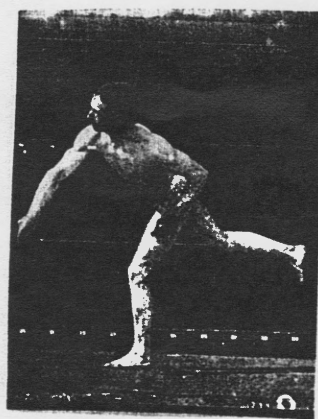
92



93
weight on L.



94
on R contained
cupano v. dipped
for chest region
but back UP



95
on L
space between knees
elbow above
hand.

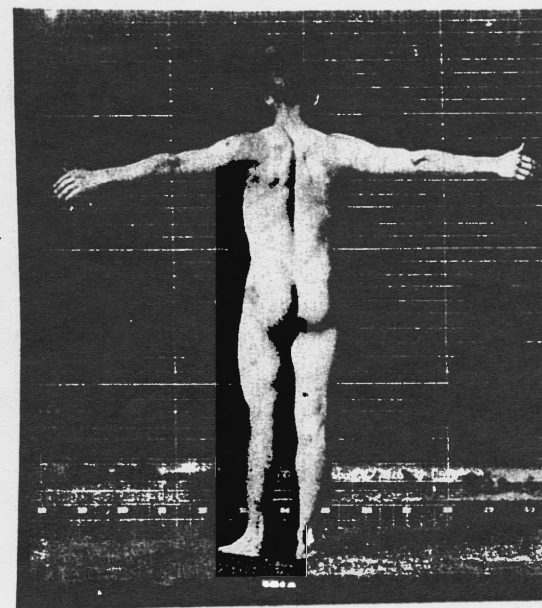


96
on L
feet high?



97
on R.

L arm maintains
L of arc balance



98